Tillington Manor PRIMARY SCHOOL

Working TOGETHER to achieve the best!

E-Safety or Online Safety – How to keep your children safe online

E-safety is a term which refers not only to the internet but other ways in which young people communicate using electronic media, e.g. mobile phones. E-safety/ Online Safety means ensuring that children and young people are protected from harm and supported to achieve the maximum benefit from new and developing technologies without risk to themselves or others. The aim of promoting e-safety is to protect young people from the adverse consequences of access or use of electronic media, including from bullying, inappropriate sexualised behaviour or exploitation. Teenagers spend a considerable amount of time on social media each day. It is important that we know how to protect our children when they use any online platform.

Parental controls are an important way to keep your child safe online.

Parental controls can be used to block upsetting or harmful content, control in-app purchases or manage how long your child spends online.

The good news is parental controls are really easy to set up.

Innocent searches sometimes reveal not so innocent results. So if you're worried about what your child is searching for online, who they're talking to or what they're seeing, there are some simple rules you can take. It's simple to get started and, along with talking to your child regularly, using parental controls is one of the best ways to help keep children

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Social media can be good, but remember there are age limits and most of these are older than any of our Primary aged children., usually **13+.**

Positives of Social media are that you can:

- stay connected with friends and family

- volunteer or get involved with a campaign, non-profit, or charity

- enhance creativity by sharing ideas, music, and art

- meet and interact with others who share similar interests

Keeping children safe is everyone's responsibility

The flipside is that social media can be a haven of cyberbullying and other questionable activities. Without meaning to, children can share more than they should. Children post photos of themselves on their profiles, reveal their birthdates and interests, post where they live…...the list is endless. All this can make them easy targets for online predators and those that might mean them harm. Children can also face the possibility of a physical encounter with the wrong person. Many apps reveal the poster's location. This can tell anyone exactly where to find the person using the app. Children are unable to retract photos, videos, pictures and comments once they have been posted online, which means they are impossible to completely erase from the internet.

Games Consoles

Most games consoles are internet enabled. Which means you child can go online and chat with other players or make in-game purchases.

Like with mobiles and tablets, the controls on your games console help you to manage what your child can and can't do.

Some devices allow you to:

- Set up different profiles for each family member.

• Deactivate the internet.

• Turn off chat functions to stop your child from talking to strangers

Mobiles and tablets

Lots of mobiles and tablets come with settings that can help you manage what your child can and can't see or do online.

When using parental controls, make sure to check things like location settings and what information your child is sharing with others.

It is most important to talk to your children about what they're doing online.

National Online Safety®

Watch out for our **#WakeupWednesday** information leaflets from National Online Safety.

These will provide you with useful information about things you need to know regarding different apps, games and the technological world.

Who can you speak to if you are concerned?

Designated Safeguarding lead (DSL)—Mrs Brockhurst   Deputy Designated Safeguarding lead (DDSL)—Mrs Brian

Online Safety lead—Mrs Turner

Stay Safe Online